

# Recommended Grief Books

*Showing Up*  
Jen Marr

*My Son....My Son...A Guide to  
Healing After Death, Loss or Suicide*  
Iris Bolton

*I'll Write Your Name on Every Beach*  
Susan Auerbach

*The Road Back to You*  
Trish Simonson

*Life After Suicide*  
Jennifer Ashton

*Learning to Breathe Again*  
Lark Dean Galley

*Dying to be Free*  
Beverly Cobain and Jean Larch

*Surviving Grief 365 Days a Year*  
Gary Sturgis

*Why People Die by Suicide*  
Thomas Joiner

*Myths About Suicide*  
Thomas Joiner

*Understanding Your Grief*  
Alan D. Wolfelt

*After The Suicide Funeral*  
Melinda Moore and Daniel Roberts

*It's Ok That You're Not Ok*  
Megan Devine

*My Unexpected Journey, Reflections After  
Losing My Son to Suicide*  
Erin Blechman

*Conscious Grief*  
Tara Nash

*The Strength to Live. Finding Healing and  
Hope After a Loss From Suicide*  
Cindy Tank-Murphy

*Bearing the Unbearable*  
Joanne Cacciatore, PhD



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